

Is your pet scratching, licking and biting itself because it is itching?

It is very useful for your vet if you fill in this itch tracker and take it to the consultation.

With the itch tracker, your vet has a good overview of your pet's situation, making the cause easier to find.

How to use this itch tracker

1

Rate every week

by writing a dot in the column that best describes your pet's situation. 2

Connect the dots

and you will see a graph appear of your pet's situation. 3

Contact your vet and show this itch tracker.

This will be a big help for your veterinarian to find the cause.

O PMAL PET

NORMAL PET

I don't think itching is a problem.

20

VERY MILD only occasional episodes

Your pet is slightly more itchy than it was before the skin problem started. 40

MILD a bit more frequent

No itching when sleeping, eating, playing, exercising or being distracted. 60

MODERATE regular episodes

Itching might occur at night, or wake the pet up. No itching when eating, playing, exercising or being distracted. 80

SEVERE prolonged episodes

Itching might occur at night, or wake the pet up. And also when eating, playing, exercising or being distracted. 100

EXTREMELY SEVERE almost continious

Itching doesn't stop whatever happens, even in the consulting room they have to be physically restrained from itching.

nextmune Itch Tracker

NAME OF MY PET

| 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |
|-----------|-----------|-----------|-----------|------------------|-----------|------------------|-----------|-----------|------------|-------------------|------------|------------|------------|-------------------|-------------------|-------------------|------------|------------|-------------------|
| 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 |
| 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 |
| 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 |
| 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |
| 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| week 1 | week 2 | week 3 | week 4 | week 5 | week 6 | week 7 | week 8 | week 9 | week 10 | week 11 | week 12 | week 13 | week 14 | week 15 | week 16 | week 17 | week 18 | week 19 | week 20 |

| week 21 | week 22 | week 23 | week 24 | week 25 | week 26 | week 27 | week 28 | week 29 | week 30 | week 31 | week 32 | week 33 |
|-------------------|------------|------------|-------------------|-------------------|-------------------|-------------------|------------|-------------------|-------------------|-------------------|-------------------|------------|
| 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 | 20 |
| 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 | 40 |
| 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 | 60 |
| 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 | 80 |
| 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 | 100 |

| Week 1 | Week 12 | Week 23 |
|---------|---------|----------------|
| Week 2 | Week 13 | Week 24 |
| Week 3 | Week 14 | Week 25 |
| Week 4 | Week 15 | Week 26 |
| Week 5 | Week 16 | Week 27 |
| Week 6 | Week 17 | Week 28 |
| Week 7 | Week 18 | Week 29 |
| Week 8 | Week 19 | Week 30 |
| Week 9 | Week 20 | Week 31 |
| Week 10 | Week 21 | Week 32 |
| Week 11 | Week 22 | Week 33 |
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