



SOLO[®]

by DRN

Ideal for dogs with skin problems related to food sensitivity or food intolerance

Solo Vegetal is a unique, delicious and completely vegetable-based food

Vegetal *Dry Food*

What is in Solo Vegetal?

Solo Vegetal is a complete vegetable-based diet. It is meat free and contains a unique blend of ingredients, including: Spinach, Apple, Tomato, Carrot, Chicory, Alfalfa, Hulled oats, Einkorn wheat, Buckwheat, Spelt, Wheat germ, Evening Primrose and Borage oil. These combine to offer your dog a complete food with all the necessary protein, vitamins, minerals and nutrients they need to maintain a healthy lifestyle.

Does my dog need to eat meat?

Whilst meat is an important source of protein, Solo Vegetal contains all the essential protein your dog needs, and is completely free of genetically modified ingredients, additives or preservatives. As well as making up a complete diet, Solo Vegetal's ingredients also have a number of benefits for the body:

- Einkorn wheat has a high number of polyunsaturated fatty acids giving a high degree of digestibility, making it suitable even for the most sensitive pets
- Spelt, carrot and apple encourage good intestinal transit and function
- Carrot aids tissue growth, combining with the evening primrose and borage oil for healthy skin
- Alfalfa helps to strengthen and assist in the stimulation of a healthy immune system

Solo Vegetal is a great choice for your dog, both for use during an elimination food trial, and as a daily vegetable-based diet for overall health and wellbeing.



Starting your Solo Vegetal food trial

Your guide to performing a food trial with Solo Vegetal.



What is a food sensitivity?

Some dogs may suffer an allergic reaction to the food they are eating. Little is understood about what actually causes a food sensitivity, but it is believed certain proteins found in meat, dairy and soya cause an allergic response that may result in itchy skin or ear problems. These animals are considered food sensitive.

What is a food intolerance?

A food intolerance is slightly different and may primarily affect the gut. Some dogs are unable to break down certain components in food, typically protein sources from meat. Just as some people have food intolerance, some dogs cannot digest certain ingredients and it can affect the nutritional value your dog gets from their food. In many cases it can lead to poor gut health resulting in symptoms such as diarrhoea and flatulence. These animals are considered food intolerant.

How can you help your dog if they have a food sensitivity or food intolerance?

If your vet suspects a food sensitivity or intolerance, it is important to try and find out what ingredient or ingredients are causing the problem so they can be removed from the diet. Your vet may advise that your dog is put on an elimination food trial as this is the only way to identify what is causing the problem.



What is an elimination food trial?

An elimination food trial means your dog must be fed a new diet which does not include ANY food they have previously come into contact with. This way, your vet will be able to determine if your dog has a food sensitivity or a food intolerance and find out what ingredient(s) your dog should avoid in future.

So how does a food trial work?

- Your dog is fed a 'novel' food for up to 8-12 weeks. 'Novel' effectively means a food made up of ingredients they are unlikely to be sensitive to or haven't been fed before.
- For a food trial to be successful it is essential NOTHING other than this diet is fed to the dog for the entire 8-12 weeks.
- You **cannot** feed your dog:
 - Its regular food
 - Any treats
 - Any table scraps
 - Toothpastes or Dental Chews
 - Certain palatable medicines
 - Bones or Chews
- It is also important to not let your dog:
 - Scavenge for food including faeces, whilst outside or on walks,
 - Have access to other pets' food

This may sound difficult but if your dog comes into contact with any ingredient they have eaten before, the food trial will fail and you may have to start again.

What happens at the end of the food trial?

If there is no improvement at the end you can now rule out food sensitivities or food intolerance, which will help with the future management of your dog's problem. If there has been an improvement, ordinarily you would gradually reintroduce foods

you have previously fed in order to establish which specific ingredient may be causing the problem, but your vet or vet nurse will talk you through this.

After the food trial is complete, if your dog has responded well they can remain on Solo Vegetal for life to maintain a healthy gut and skin.

Why have I been given Solo Vegetal?

Solo Vegetal may help as part of an elimination food trial. The most common causes of food sensitivity and intolerance found in studies are meat (beef, chicken and lamb) egg, dairy products and soya.

Your vet has chosen Solo Vegetal because it contains none of these, whilst containing all the ingredients your dog needs for a healthy diet. It is also really tasty, so we're confident your dog will love it!

Instructions for Use

Solo Vegetal must be given as per the feeding amounts in the table below. Solo Vegetal can be given dry or slightly moistened. Always leave a bowl of fresh clean water available for your dog. Feeding amounts may be changed as deemed appropriate by your veterinary surgeon.

Weight of dog in kg	2	4	6	8	10	15	20	30	40
Feeding Amount in active dogs in grams	70	100	140	180	200	230	270	500	600
Feeding Amount for maintenance in grams	50	80	120	140	150	190	230	450	500

Amounts are grams per day.