## Managing Your Dog's Skin



Your vet has recommended a topical skin care product as part of your dog's treatment plan. This may include a shampoo, foam or spray, medicated wipes, spot-on or a combination.

Topical skin care products are ideal at helping resolve a variety of skin problems and can help reduce the overuse of antibiotics.

Using wipes, a shampoo or a foam is useful for cleansing the skin and removing irritants such as dust and pollen. They can help manage bacteria and yeast and also soothe itchy & reddened skin. The vet or nurse can help show you how to apply these to the skin to achieve the desired results.

Your vet will advise on how frequently to use the product. You will be advised when to return for a follow up appointment. It is important you attend this appointment to help your vet monitor progress and ensure the treatment plan is working as expected.

Apply the product as per the instructions on the packaging.

If you feel you would struggle to use the recommended product, do tell a vet or

nurse so they can recommend an alternative option. For example, if bathing your dog is difficult, then your vet may suggest using a foam or spot-on which can be easier to apply. It is important that you contact your vet every time you suspect your dog has a skin problem. Your vet will need to thoroughly check your dog's skin and make sure they receive the best care as early as possible.

Some dogs with are prone to recurrent skin infections.

Please speak to your vet who can identify the underlying cause and advise you on a long-term maintenance plan to promote good skin hygiene and prevent future infections.

Using a shampoo, foam, wipe or spray long-term is an excellent way of

keeping your dog's skin healthy.



Scan or visit go.nextmune.com/theallergyjourney to learn more about managing your pet's skin.

## **How To Shampoo Your Dog**

## **Pre-Shampooing Steps:**

Before you begin shampooing your dog, brush the coat to remove any loose fur. Measure out the correct amount of shampoo and set to one side ready for application.



You can shampoo your dog in a bath, shower or sink. If shampooing your dog in a bath or shower, lay a towel or bath mat in the bath tub to avoid your pet slipping when you start washing them. Ensure you keep any doors closed to avoid your dog trying to escape.

If your dog gets nervous when bathing, it may be better to have somebody to help hold the dog when bathing them.

## **Shampooing your dog:**

It is important to ensure the water temperature is correct. Wet the entire coat with luke warm water and apply the pre-measured amount of shampoo. Avoid getting water in your dog's ears.

Massage the shampoo through your dog's coat until a nice lather forms. Avoid shampooing your dog's face but ensure you apply the shampoo under the armpits, groin, stomach and paws.

Leave the shampoo on for the recommended contact time according to the product instructions.

Rinse your dog thoroughly to remove the shampoo and any residue from the coat. Allow your dog to shake excess water from the coat then dry the coat with a towel.

Do not use a hair dryer.

Give your dog a nice treat to reward them.