

Is your pet scratching, licking and biting itself because it is itching?

It is very useful for your vet if you fill in this itch tracker and take it to the consultation.

With the itch tracker, your vet has a good overview of your pet's situation, making the cause easier to find.

How to use this itch tracker

1

Rate every week

by writing a dot in the column that best describes your pet's situation. 2

Connect the dots

and you will see a graph appear of your pet's situation. 3

Contact your vet and show this itch tracker.

This will be a big help for your veterinarian to find the cause.

O NORMAL PET

I don't think itching is a problem.

VERY MILD only occasional episodes

Your pet is slightly more itchy than it was before the skin problem started. 40 MILD a bit more frequent

No itching when sleeping, eating, playing, exercising or being distracted. 60 MODERATE regular episodes

Itching might occur at night, or wake the pet up. No itching when eating, playing, exercising or being distracted. SEVERE prolonged episodes

Itching might occur at night, or wake the pet up. And also when eating, playing, exercising or being distracted. 100
EXTREMELY SEVERE almost continious

Itching doesn't stop whatever happens, even in the consulting room they have to be physically restrained from itching.

nextmuneuk Itch Tracker

NAME OF MY PET

100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100	100
80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80	80
60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60	60
40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40	40
20	20	20	20	20	20	20	20	20	20	20	20	20	20	20	20	20	20	20	20
0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
week 1	week 2	week 3	week 4	week 5	week 6	week 7	week 8	week 9	week 10	week 11	week 12	week 13	week 14	week 15	week 16	week 17	week 18	week 19	week 20
100	100	100	100	100	100	100	100	100	100	100	100	100							
100	100	100	100	100	100	100	100	100	100	100	100	100							
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Week 1	Week 12	Week 23
Week 2	Week 13	Week 24
Week 3	Week 14	Week 25
Week 4	Week 15	Week 26
Week 5	Week 16	Week 27
Week 6	Week 17	Week 28
Week 7	Week 18	Week 29
Week 8	Week 19	Week 30
Week 9	Week 20	Week 31
Week 10	Week 21	Week 32
Week 11	Week 22	Week 33



